

ثانية // تمريض صحة المجتمع // المرحلة الرابعة

Roles and Function of Community Health Nurse

Seven Roles & Influence on People's Health:-



1. Clinician Role (provider role):-

Definition:- It means that the nurse ensures that the health services are provided not just to individuals and families but also to groups and populations

- Holistic nursing care encompasses
- The comprehensive and total care of the client in all areas, such as physical, emotional, social, spiritual, and economic.
- All are considered and cared for when the client is a large system, just as it should be with individual clients
- EX // Assist several families with terminally ill patients to gain strengths through a support system of accepting death and the dying process

2. Educator Role:-

Definition of (Health teacher):- one of the major functions of the CHN (Community Health Nursing)

Important Role because:- X

- Community clients are NOT usually acutely ill and can absorb and act on health information
- A wider audience can be reached leading to a community-wide impact
- The public has a higher level of health consciousness.
- Client self-education is facilitated by the nurse. Based on the concept of self-care, clients are encouraged to use appropriate health resources
- **For example;**
 - A nurse may teach parents and teachers at a parent-teacher meeting about signs of mood-modifying drug and alcohol abuse.
 - discuss safety practices with a group of industrial workers, or give a presentation on the importance of early detection of child abuse to a health planning committee considering the funding of a new program.

3. Advocate Role:-

-Based on clients' rights:- *Every patient or client has the right to receive just, equal, and humane treatment.*

Why Advocacy?

- *Current health care system offers XXX*
- *De-personalised and fragmented services. Many clients who are poor and disadvantaged are frustrated and the nurse becomes an advocate for clients pleading their cause and acting on their behalf.*

Goals of advocacy:-

- 1. Help clients gain more independence and self-determination*
- 2. Make the system more responsive and relevant to the needs of clients.*

4. Manager Role:-

•Nurse directs and administers care to meet goals by:-XX

- 1. Assessing client needs*
- 2. Planning and organizing to meet those needs*
- 3. Directing and leading to achieve results*
- 4. Controlling and evaluating the progress to make sure that the results are met*

•Nurse oversees client care as:

- 1. A case manager*
- 2. Supervising other staff*
- 3. Managing caseloads*
- 4. Running clinics*
- 5. Conducting community health needs assessment projects*

• Nurse as Planner:-

- 1. Sets the goals for the organization*
- 2. Sets the direction*
- 3. Determines the means (strategies) to achieve them*
- 4. It includes defining goals and objectives*
- 5. It may be strategic (long-term broader goals)*

• Nurse as Organizer

- *Designing a structure for people + tasks to function to reach the desired objectives*
- *It includes assignments and scheduling:-*

- 1. Deciding what tasks to be done*
- 2. Who will do them*
- 3. How to group the tasks*
- 4. Who reports to whom*
- 5. Where decisions will be made XXX*

• Questions to be addressed by the organizer:-XX

- 1. Is the clinic, program providing the needed services?*
- 2. Are the clients satisfied?*
- 3. Are the services cost-effective?*

• ***Nurse as Leader***

- *The nurse directs, influences, or persuades others to make change to positively influence people's health.*
- *Includes persuading and motivating people, directing activities, effective two-way communication, resolving conflicts and coordinating the plan*
- *Coordination: Bringing people and activities together to function in harmony to achieve desired objectives*

• ***Nurse as Controller and Evaluator***

• **Controller: Monitors the plan and ensures that it stays on course.**

- *Sometimes plans do not proceed as intended and need to be adjusted*
- *Monitoring, comparing and adjusting are activities of controlling*
- **Comparing performance and outcomes against set goals and standards =**

Evaluator role.

Management Skills XX

- *What types of skills and competencies does the community health nurse need in the manager role?*

1. **Human:** *ability to understand, communicate, motivate, delegate and work with people. They are essential to be successful in your role as a manager*
2. **Conceptual:** *The mental abilities to analyze and interpret abstract ideas to understand and diagnose situations*
3. **Technical:** *Apply special management-related knowledge and expertise for e.g. computerized management information system*

5. **Collaborator Role:-**

• *Means working jointly with others on a **common project** to cooperate as partners*

Who?

- *Clients*
- *Other nurses and physicians*
- *Teachers and health educators*
- *Social workers*
- *Physical therapists*
- *Nutritionists*
- *Psychologists*
- *Epidemiologists and Biostatisticians*
- *Attorneys*
- *Secretaries*
- *City Planners and legislators*

6. **Leadership Role:-**

Community health nurses are becoming increasingly active in the leadership role, separate from leading within the manager role mentioned earlier. The leadership role focuses on effecting change the nurse becomes an agent of change. As leaders

7. Researcher Role:- XX

- Systematic investigation, collection, and analysis of data for solving problems and improving community health practice
- ***This role is at several levels:***
 - Agency and organizational studies for job satisfaction among public health nurses
 - Some CHN participate in more collaborative research with other health professionals

The Research Process:- XXX

1. Identify an area of interest
2. Specify the research question or statement
3. Review the literature
4. Identify a conceptual framework
5. Select a research design
6. Collect and analyze data
7. Interpret the results
8. Communicate the findings

Settings for CHN Practice:-

1. Homes
2. Community health centers
3. Schools
4. Occupational health settings (business and industry)
5. Residential institutions: Older age residences
6. Parishes or charitable mosques related organizations
7. Community at large